

CREIGHTON Fertility Care Model™

The **Creighton Model Fertility Care System™** (CrMS) and the new woman's health science of NaProTechnology (Natural Procreative Technology) are available to:

- Women who want to understand their menstrual and fertility cycles and identify gynecological problems in advance.
- Newly married couples that wish to use a natural system to plan their families
- To avoid or postponed pregnancy when appropriate
- To learn about and monitor the woman's reproductive health and identify potential fertility problems, prevent miscarriages, alleviate PMS, irregular bleeding, etc.

With a few minutes of daily observations and the NaProTracking of certain biomarkers, the CrMS provides a woman greater insight into the function of her body. CrMS can be used in many reproductive categories and is "tailor-made" for any situation: regular cycles, long cycles, anovulatory states, pregnancy, breastfeeding, post-pill, pre-menopause, etc.

Learning the Creighton Model Fertility Care System™ begins with an **Introductory Session** that explains the scientific foundations, methodology, application to various reproductive categories, and how to NaPro track your cycles using the CrMS. This is achieved through a series of essential, individualized follow-up educational sessions (personal instruction on the use of the system and complete chart review). The Fertility Care Practitioner will tailor the sessions to each client's specific needs.

Engaged couples interested in the CrMS system should complete at least 3-6 months of charting to have a good understanding of the woman's fertility cycles and gain greater confidence in using the method before getting married.

FertilityCare and NaProTechnology on TV!

Check out the 5 part series about Creighton Model Fertility Care and NaPro Technology on "Women of Grace" TV show that aired on EWTN in February 2014!

Founders of Creighton Model FertilityCare System and NaProTechnology interviewed on EWTN - see it here!

True help for infertility: Why you don't need IVF, there are natural and more effective ways to heal your body and restore fertility. We all need to be informed of our true choices:

<https://www.youtube.com/watch?v=c1qKeOb47rl>