



## Stephen Ministry

### What do Stephen Ministers Do?

- Provide one-to-one Christian care
- Listen attentively
- Maintain complete confidentiality
- Offer support and encouragement
- Pray for and with their care receiver
- Provide affirmation and helpful feedback
- Meet with their care receiver regularly (males with males, females with females)
- Use faith-based resources such as Scripture, prayer cards, spiritual reading to assist care receivers
- If necessary, make appropriate referrals to support services or agencies

### What Stephen Ministers Do Not Do:

- Provide therapy or counseling
- Meet with couples or families (individuals only)
- Meet with children under the age of 18
- Run errands
- Make appointments
- Provide financial assistance

### We are here to help those who:

- Are grieving
- Are lonely
- Have chronic illness or are caretakers
- Are dealing with job loss or financial difficulties
- Are going through divorce or separation
- Experiencing a big change in life (new baby, relocation, etc)

If you or someone you know is experiencing one of these life challenges or any other type of crisis, please contact Stephen Ministry for help. Thank you.

***St. Edward Stephen Ministry***  
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